

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



January 2026

Independent Living

2:00 Scrabble

New Year's Day

4

9:30 Seated yoga
2:00 Bookclub
(The Women)
3:00 Movie

5

10:00 Meijer
3:00 Mens Club

6

9:30 Seated Yoga
10:00 Communion
10:30 Bible Study
3:00 Movie & Popcorn

7

11:00 Movement with
Nikki
2:00 Scrabble

8

9:30 Seated yoga
1:00 Pool
4:00 Happy Hour

9

9:00 Donuts

10

11

9:30 Seated yoga
3:00 Movie

12

9:30 Higgins Hearing
**11:15 Lunch at Asian
Buffet**

13

9:30 Seated Yoga
10:00 Communion
10:30 Bible Study
1:00 Resident Council
1:45 Birthday
Celebration
3:00 Movie & Popcorn

14

11:00 Movement with
Nikki
2:00 Scrabble

15

9:30 Seated yoga
1:00 Pool
4:00 Happy Hour

16

17

18

9:30 Seated yoga
3:00 Movie

19

10:00 Oryana

20

9:30 Seated Yoga
10:00 Communion
10:30 Bible Study
3:00 Movie & Popcorn

21

11:00 Movement with
Nikki
2:00 Scrabble

22

9:30 Seated yoga
1:00 Pool
4:00 Happy Hour

23

7:00 Movie

24

Martin Luther King Jr. Day

25

9:30 Seated yoga
3:00 Movie

26

**11:15 Lunch at Apache
Trout Grill**

27

9:30 Seated Yoga
10:00 Communion
10:30 Bible Study
3:00 Movie & Popcorn

28

11:00 Movement with
Nikki
2:00 Scrabble

29

9:30 Seated yoga
1:00 Pool
4:00 Happy Hour

30

31

Australia Day (Observed)

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

January 2026

Memory care



9:00 One on one 1
11:00 Resident choice
cards
12:30 Tic tac toe
2:00 Puzzles



New Year's Day

9:00 Morning Walk 2
10:00 Kinetic sand art
11:00 Exercise with
Margaret
12:30 Curling
2:00 Cream
Puffs



9:00 One on one 3
11:00 Legos
1:00 Bingo
2:30 Movie & Popcorn

9:00 Virtual Mass 4
(St. Francis)
10:30 Virtual Service
(New Hope)
2:00 Music & Manicures

10:00 Seated Yoga 5
11:00 Bowling
1:00 Music with Mark
3:00 Mix & Mingle

9:30 Walking Club 6
10:30 Bingo
12:30 Puzzles
2:30 Balloon Volleyball

9:00 One on one 7
10:00 Communion
10:30 Bible Study
11:00 Seated Yoga
12:30 Color Match
3:00 Movie & Popcorn

9:00 Color Sheets 8
10:30 Karaoke
11:00 Movement with
Nikki
12:30 Penny pincher
1:30 Resident choice
cards

9:00 One on one 9
10:15 Crafts
11:00 Exercise with
Margaret
12:30 Snowball toss
1:30 Candy Gamble

9:00 Morning Walk 10
11:00 Memory
1:00 Bingo
2:30 Movie & Popcorn

9:00 Virtual Mass 11
(St. Francis)
10:30 Virtual Service
(New Hope)
2:00 Music & Manicures

10:00 Seated Yoga 12
11:00 Tic Tac Toe
12:30 New Years
conversation ball
3:00 Mix & Mingle

9:30 Higgins Hearing 13
10:30 Bingo
12:30 Sting painting
2:00 Snowball Toss

9:00 Morning Walk 14
10:00 Communion
10:30 Bible Study
11:00 Seated Yoga
12:30 Kinetic sand art
3:00 Movie & Popcorn

9:00 Puzzles 15
10:30 Karaoke
11:00 Movement with
Nikki
12:30 Chess
2:00 Ice cream
sundae

9:00 Morning walk 16
10:15 Craft
11:00 Exercise with
Margaret
12:30 Penny pincher
1:30 Resident choice
board games

9:00 One on one 17
11:00 Puzzles
1:00 Bingo
2:30 Movie & Popcorn

9:00 Virtual Mass 18
(St. Francis)
10:30 Virtual Service
(New Hope)
2:00 Music & Manicures

10:00 Seated Yoga 19
11:00 Connect Four
12:30 Puzzles
3:00 Mix & Mingle

9:30 Walking Club 20
10:30 Bingo
12:30 pool
2:00 Balloon Volleyball

9:00 One on one 21
10:00 Communion
10:30 Bible Study
11:00 Seated Yoga
12:30 Pool noodle
hockey
3:00 Movie & Popcorn

9:00 Hand spa 22
10:30 Karaoke
11:00 Movement with
Nikki
12:30 Tic tac toe
2:00 Resident choice
cards

9:00 One on one 23
10:15 Craft
11:00 Exercise with
Margaret
12:30 Bowling
2:00 Hot Chocolate bar

9:00 Morning Walk 24
11:00 Legos
1:00 Bingo
2:30 Movie & Popcorn

9:00 Virtual Mass 25
(St. Francis)
10:30 Virtual Service
(New Hope)
2:00 Music & Manicures

10:00 Seated Yoga 26
11:00 Puzzles
12:30 Penny Pincher
3:00 Mix & Mingle

9:00 Drum Circle 27
10:30 Bingo
12:30 Balloon painting
2:00 Baking with friends

9:00 Morning Walk 28
10:00 Communion
10:30 Bible Study
11:00 Seated Yoga
12:30 Darts
3:00 Movie & Popcorn

9:00 One on one 29
10:30 Karaoke
11:00 Movement with
Nikki
12:30 Curling
2:00 Hot Chocolate bar

9:00 Color Sheets 30
10:15 Craft
11:00 Exercise with
Margaret
12:30 Connect Four
2:00 Candy Gamble

9:00 Morning Walk 31
11:00 Legos
1:00 Bingo
2:30 Movie & Popcorn

Martin Luther King Jr. Day

Australia Day (Observed)



Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

January 2026

Assisted Living

				January 2026 Assisted Living				10:00 Daily Chronicles 1 11:00 Puzzles 1:30 Cribbage 2:30 Penny Pincher  New Year's Day				2 10:00 Puzzles 11:00 Exercise with Margaret 1:30 Euchre 2:30 Cream Puffs Yahtzee 				3 10:00 Puzzles 1:00 Bingo 2:30 Music & Manicures											
9:00 Virtual Mass 4 (St. Francis) 10:30 Virtual Service (New Hope) 2:30 Movie				10:00 Seated yoga 5 11:00 Jenga 1:00 Music with Mark 3:00 Mix & Mingle				9:30 Walking Club 6 10:30 Bingo 1:30 Scrabble 2:30 Left, Right Center 3:30 Trivia				10:00 Communion 7 10:30 Bible Study 11:00 Seated Yoga 1:30 Dominoes 2:30 Movie & Popcorn				10:00 Daily Chronicles 8 11:00 Movement with Nikki 1:30 Balloon Volleyball 2:30 Men's Club				10:15 Crafts 9 11:00 Exercise with Margaret 1:30 Resident Council 2:30 Euchre				10:00 Teatime 10 1:00 Bingo 2:30 Music & Manicures			
9:00 Virtual Mass 11 (St. Francis) 10:30 Virtual Service (New Hope) 2:30 Movie				10:00 Seated yoga 12 11:00 Resident choice cards 1:30 Canvas painting 3:00 Mix & Mingle				9:30 Higgins Hearing 13 10:30 Bingo 1:30 Scrabble 2:30 Cribbage 3:30 Jeopardy				10:00 Communion 14 10:30 Bible Study 11:00 Seated Yoga 1:30 Dominoes 2:30 Movie & Popcorn				10:00 Daily Chronicles 15 11:00 Movement with Nikki 1:30 Resident choice board games 2:30 Men's Club				10:15 Crafts 16 11:00 Exercise with Margaret 1:30 Euchre 2:30 Hot Chocolate bar				10:00 Resident Choice 17 Cards 1:00 Bingo 2:30 Music & Manicures			
9:00 Virtual Mass 18 (St. Francis) 10:30 Virtual Service (New Hope) 2:30 Movie				10:00 Seated yoga 19 11:00 UNO 1:30 Cribbage 3:00 Mix & Mingle  Martin Luther King Jr. Day				9:30 Walking Club 20 10:30 Bingo 1:30 Scrabble 2:30 Left right center 3:30 Deal or no deal				10:00 Communion 21 10:30 Bible Study 11:00 Seated Yoga 1:30 Dominoes 2:30 Movie & Popcorn				10:00 Breakfast at The Omelette Shoppe 22 11:00 Movement with Nikki 1:30 Daily Chronicles 2:30 Men's Club				10:15 Crafts 23 11:00 Exercise with Margaret 1:30 Euchre 2:30 Penny pincher				10:00 Resident choice 24 board games 1:00 Bingo 2:30 Music & Manicures			
9:00 Virtual Mass 25 (St. Francis) 10:30 Virtual Service (New Hope) 2:30 Movie				10:00 Seated yoga 26 11:00 Checkers 1:30 Armchair travel (Alaska) 3:00 Mix & Mingle Australia Day (Observed)				9:00 Drum Circle 27 10:30 Bingo 1:30 Scrabble 2:30 Jenga 3:30 Trivia				10:00 Communion 28 10:30 Bible Study 11:00 Seated Yoga 1:30 Dominoes 2:30 Movie & Popcorn				10:00 Daily Chronicles 29 11:00 Movement with Nikki 1:30 Balloon Volleyball 2:30 Men's Club				10:15 Crafts 30 11:00 Exercise with Margaret 1:30 Euchre 2:30				10:00 Daily Chronicles 31 1:00 Bingo 2:30 Music & Manicures			